



SOUPS & SALADS

SOUP OF THE DAY

Ask your server for today's selection

GARDEN SALAD

Mixed greens with red cabbage, carrots, tomatoes, cucumber, and your choice of dressing

STRAWBERRY SPINACH SALAD

Mixed greens with baby spinach, fresh strawberries, bacon, red onion, blue cheese, walnuts, tossed with a poppyseed dressing

MEDITERRANEAN CHICKEN SALAD

Mixed greens, tomatoes, cucumbers, feta cheese, fresh herbs, kalamata olives, orzo pasta, red onion, tossed with house made lemon vinaigrette



Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

SIDES

FRESH VEGETABLE OF THE DAY

SAUTÉED SPINACH & MUSHROOMS

BAKED BEANS

THREE BEAN SALAD

COLESLAW

WATERMELON

BAKED POTATO

JASMINE RICE

FRENCH FRIES

DESSERTS

STRAWBERRY LEMON CAKE

CHEF'S DESSERT

ICE CREAM

SUGAR-FREE DESSERT

BEVERAGES

COFFEE

JUICE

MILK

HOT TEA

ICED TEA

SODAS BY *Coca-Cola*



For more information, you may also email: Accessibility@SpectrumRetirement.com.

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HANDHELDS

Served with choice of one side.

BBQ BACON BURGER

Bacon, cheddar, caramelized onions, barbecue sauce, buttered brioche bun

SOUTHWEST CHICKEN WRAP

Grilled chicken, bacon, cheddar, lettuce, tomato, southwest ranch dressing

GRILLED HAM & CHEESE

Grilled ham, cheddar, American, Swiss, sourdough bread

CRISPY FISH SANDWICH

Beer battered cod, lettuce, tomato, tartar sauce, brioche bun

SPECIALTIES

Served with Vegetable of the Day.

HERB GRILLED SALMON

Grilled salmon topped with fresh herb vinaigrette, with jasmine rice

FRIED SHRIMP BASKET

Lightly breaded shrimp, cocktail sauce, with french fries and coleslaw

ISLAND CHICKEN

Grilled chicken thigh with teriyaki glaze and pineapple salsa, with jasmine rice

CHEF'S DAILY SPECIAL

Ask your server for today's in-house special

SUMMER BBQ

Your choice of chicken thigh, ribs or shaved beef with sweet barbecue, served on Texas toast with baked beans and coleslaw

