



SOUPS & SALADS

SOUP OF THE DAY

Ask your server for today's selection

GARDEN SALAD

Mixed greens with red cabbage, carrots, tomatoes, cucumber, and your choice of dressing

STRAWBERRY SPINACH SALAD

Mixed greens with baby spinach, fresh strawberries, bacon, red onion, blue cheese, walnuts, tossed with poppyseed dressing



Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

SIDES

FRESH VEGETABLE
OF THE DAY

BAKED BEANS

COLESLAW

SEASONAL CUT FRUIT

MASHED POTATOES

FRENCH FRIES

DESSERTS

STRAWBERRY
LEMON CAKE

CHEF'S DESSERT

ICE CREAM

SUGAR-FREE DESSERT

BEVERAGES

COFFEE


JUICE

MILK

HOT TEA

ICED TEA

SODAS BY *Coca-Cola*

 For more information, you may also email: Accessibility@SpectrumRetirement.com.

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HANDHELDS

Served with choice of one side.

CLASSIC CHEESEBURGER

American cheese, house burger sauce,
buttered brioche bun

GRILLED HAM & CHEESE

Grilled ham, cheddar, American, Swiss,
sourdough bread

CRISPY FISH SANDWICH

Beer battered cod, lettuce, tomato, tartar
sauce, brioche bun

SPECIALTIES

Served with Vegetable of the Day.

HERB GRILLED SALMON OR CHICKEN

Grilled salmon or chicken with fresh summer
herbs and mashed potatoes

FRIED SHRIMP BASKET

Lightly breaded shrimp, cocktail sauce, with
french fries and coleslaw

CHEF'S DAILY SPECIAL

Ask your server for today's in-house special

SUMMER BBQ

Your choice of ribs or shaved beef with
sweet barbecue, served on Texas toast
with baked beans and coleslaw

