



SOUPS & SALADS

SOUP OF THE DAY

Ask your server for today's selection.

GARDEN SALAD GF

Mixed greens with red cabbage, carrots, tomatoes, cucumber and your choice of dressing.

HALF & HALF COMBO

Choose from turkey club, grilled cheese, chicken or egg salad, and spinach salad, garden salad, or Soup of the Day.

SALAD DUO PLATE GF

Fresh chicken salad and egg salad, served with seasonal fresh fruit.

STRAWBERRY SPINACH SALAD GF

Mixed greens, strawberries, bacon, red onion, feta and toasted walnuts.
Served with house dressing.
Add grilled chicken.

SOUTHWEST CHICKEN COBB

Mixed greens, pulled chicken, black bean & corn salsa, tomatoes, shredded cheese, crispy tortilla strips, drizzled with BBQ sauce with southwest ranch dressing.

COTTAGE CHEESE & FRUIT

Served with fresh baked muffin.

SIDES

POTATO SALAD

SEASONAL CUT FRUIT

CUCUMBER & TOMATO SALAD

VEGETABLE OF THE DAY

ROASTED RED POTATOES

BAKED BEANS

FRENCH FRIES

ONION RINGS

COTTAGE CHEESE

SLICED WATERMELON

DESSERTS

STRAWBERRY SHORTCAKE

CHEF'S DESSERT

ICE CREAM GF

SUGAR FREE DESSERT

ASK YOUR SERVER FOR ADDITIONAL GLUTEN-FREE OPTIONS.

Our menu is designed to help achieve a healthier life by providing nutritious and full flavor meal options that support your wellbeing with an emphasis on proteins, vegetables and healthy fats while limiting sugars, processed carbohydrates and gluten. Using fresh ingredients and innovative cooking techniques, our selections are crafted with you in mind. Be healthy. Be you.

HANDHELDS

Served with choice of side.

BBQ BACON CHEDDAR BURGER

Fresh Angus beef, cheddar cheese, bacon, caramelized onion and BBQ sauce on a brioche bun.

CHICKEN QUESADILLA

Pulled chicken, cheddar & Monterey Jack cheese, black bean & corn salsa, caramelized onion, salsa grilled in a flour tortilla. Served with sour cream, salsa and guacamole.

BACON GRILLED CHEESE

Swiss, cheddar and American cheese with bacon on sourdough bread.

TURKEY CLUB

Turkey, lettuce, tomato, bacon, cheddar cheese and mayo on wheat bread. Classic BLT also available.

HOT DOG

All beef hot dog served with choice of ketchup, mustard, relish, onion or sauerkraut.

SPECIALTIES

Served with choice of two sides.

FLANK STEAK

Marinated and sliced flank steak with summer herb vinaigrette.

PARMESAN CRUSTED COD

Baked with a touch of Dijon.

SUMMER PULLED PORK ^{GF}

Overnight roasted pork shoulder with sweet and Carolina BBQ sauce.

PENNE WITH VODKA SAUCE

Creamy tomato vodka sauce with Parmesan and fresh basil.
Served with garlic bread.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

FRIED SHRIMP BASKET

Breaded shrimp, served with potato salad, fries and cocktail sauce.

CRISPY CHICKEN STRIPS

Marinated chicken strips with your choice of dipping sauce.

TWO EGG BREAKFAST

Two eggs your way, bacon, sausage or ham with toast.

CHEF'S FAVORITE

Ask your server for today's feature.

