



March 12, 2020

I would like to take this opportunity to provide you with an update on COVID-19 and Spectrum's ongoing efforts to limit the potential exposure to and spread of the virus. At this time, there are no confirmed cases of the virus at any of our communities.

The health and wellness of our residents and team members remain our top priority and we continue to update our protocols and precautionary measures. Throughout the week we have implemented many precautionary measures including:

- **Limiting Visitors** – In an abundance of caution, we are asking that only visitors deemed essential by the community be allowed to enter the community and any visits will be limited to the apartment of the resident they are visiting. This is one of our best defenses as we work to mitigate the potential spread of the virus. No visitation will be allowed in our Memory Care neighborhoods due to the heightened vulnerability of our residents.
- **Enhanced Screening** – We continue to screen all visitors, team members, and residents using a health screening questionnaire based on CDC recommendations and guidance. Beginning this week, our screenings have been enhanced to include temperature checks.
- **Enhanced Cleaning** - We have confirmed that our cleaning products are effective against the virus, and have increased the frequency and breadth of cleaning multiple times a day, particularly high-touch surfaces that could be vectors for the spread of the virus
- **Limited Outings** – In line with health officials' guidance to avoid large groups or public places, we are limiting community provided transportation to only medical and other necessary appointments; however, we have revised our Entertainment and Programming schedule to continue to offer our residents daily activity programming based on health officials' guidance
- **In-Apartment Dining** – For residents who prefer to dine in their apartments, we are waiving meal delivery charges.

We will continue to adapt our policies to comply with Federal, State and Local guidelines and requirements as they are issued.

We continue to ask that residents alert us and their doctors immediately if they are experiencing any symptoms of respiratory illness such as fever, cough, congestion and shortness of breath, so we can take appropriate action and provide assistance.

As always, we encourage every member of the Spectrum community to adhere to the advice of health professionals: wash your hands frequently, avoid touching your face, cover your mouth and nose if you cough or sneeze, and inform our staff and your doctor when you are sick.

If you have further questions or concerns, please reach out to the community's Executive Director.